

The Secrets of Manifesting Money...Living in Your Joy





Welcome to The Secrets of Manifesting Money...Living in Your Joy!

I'm so glad you are taking this course. My Guides and I put together amazing lessons for you to help you clearly recognize what your joy is and anchor into what you love to do.

In this packet you will find Magic Sheets. Magic sheets are lessons that you are going to be asked to complete when you listen to different recordings. I've also included some definitions for Empathic Ability and Clairvoyancy in this ebook and I've recapped the homework for each lesson so you don't have to go back and relisten to the recording.

I'm so excited that you are taking this journey...truly. I've am so blessed to do what I love to do and I truly feel it's my Soul's Purpose. The beautiful thing about this course is you will continue to expand in what you love to do because we are creative beings, therefore we are always looking to grow and expand into the next gift.

The first page of this e-book is a summarization of each lesson.

Please e-mail to join my Facebook Fan Page and let me know how the journey is going.

Sending you love as you embark on this journey,
Marilyn Alauria

How to take this Journey:

6 mp3 recording with over 6 hours of comprehensive training and accompanying **magic-sheets** (worksheets) so you are actively participating not just listening during these lessons. These recordings are filled with **Uplifting true stories, Intuitive exercises, effective techniques, powerful meditations, and action oriented strategies** leading you to anchor into your soul and live the fullest expression of yourself.

My classes are not for the faint of heart because I believe we all have the answers inside ourselves and I teach YOU how to access those answers on your own. These mp3's are like no other because you will be asked to pause the recording as you take an action oriented fun step or work on a pdf magic-sheet (worksheet). You will be smiling all the way through as you access your CREATIVE SOUL and feel EMPOWERED in your life today.

LESSON ONE...how to take this journey and make the most of this class.

LESSON TWO...True stories about my own successful career path.

LESSON THREE...Recognize and dissolve any blocks from past and future lives you may have formed. Learn to not merge with other's energy. Meet your soul and recognize your joy. Build your life from your heart center and work with a Guide that has already manifested their dreams. Learn how your dreams are constantly giving you messages. Play a game of chance and discover your soul's purpose.

LESSON FOUR...Learn how to understand every day symbols. Meet and work with your soul. Learn about your soul's vision board which is so much more powerful than a vision board. See how an automatic writing exercise can give you clarity, answers and your life will take flight.

LESSON FIVE...Work in tandem with your Guide, Soul and the Universe as you finally begin the journey you were meant to take. Work with your future self and bring that energy into today. Get clear and own who you are and ground into that life.

LESSON SIX...Create your soul's vision board. Write an action plan for your life now and take the steps today. Know for sure who you are and what you are meant to do with your life and open the door to the rest of your life today.

HOW WE FEEL AND SENSE ENERGY

Information on Empathic ability and definitions

Please note that all DEFINITIONS were taken from the book The Encyclopedic Psychic Dictionary by June G. Bletzer, PH.D

Now before we get into talking about how we sense energy, I want to talk to you about grounding and protecting yourself. I really feel that grounding lately has to be mega strong. The dimensions are shifting so much that I'm finding peanut butter and chocolate...just aren't cutting it anymore. If you have a spiritual practice, I ask that you really start grounding in that practice...asking it to keep you rooted in positive light and energy as you do this work. If you don't believe in anything at this point, you will soon meet your higher self and you can ground through her. I am learning now and am here to teach you that we all need to process our emotions, not run from them. When we process them, we ground and develop all our skills which helps us to clearly navigate our lives.

Let's talk about free will...You all have it...nothing and no one can come into your energy unless you allow them. They will try to enter, but you have the power to say leave now...this speaks to all those energies out there in the spiritual, physical and some of the other worlds.

I have recently learned from my guides that when someone is upsetting you, all you need to do is release them completely. You have to process your side of things so you can learn what you need to learn, but you do not need their energy sponging off your soul in order to learn that lesson. They always say indifference is the most powerful form of revenge...I would like to change that and say indifference is the best way we can support ourselves right now. In other words, when you are upset with someone, don't focus on them. Heal what is inside of you and release them. When your thoughts go to them, just say I release you in love and light. You do not have power over me, and I do not have it over you. I am choosing to energetically dance with my guides in the highest light in highest alignment with myself. This I give to all of you as food for thought. To play around with and make your own. I have learned that answers are bottomless and I change, shift and learn what serves me. I implore you to change and shift with what serves you. I can only offer you what I have learned. You make it your own.

There are many different ways that we feel and sense energy.

Through our heart chakra we will experience feeling what the other person may be feeling, sensing the emotional memory of a space or picking up other people's physical pain. Below are some definitions of areas we will cover. Some of these overlap...they just do...so go with it :).

Empath:

One who psychically tunes into the emotional state of a person, group, animal, nature or a nation; unconsciously or deliberately; e.g., 1. to wake up in the middle of the night sensing disaster, feeling fear, anxiety, and cold; the next morning reading about a hurricane in a cold climate and many were hurt; 2. feeling ill at east for three days before the president was shot and when it actually happened, the feeling left. 3. one who is skilled at clair empathy;

Clair empathy - a type of telepathy 1. to sense or feel within one's self, the attitude or emotion of another person and recognize it as not belonging to one's self; 2. to tune into the vibrations of an object, or area of one's surroundings, picking up the attitude or feelings of those who have previously visited that area, and act accordingly; spontaneous or willed.

Clair empathic - 1. a psychic who, knowingly or unknowingly, senses within their body, the attitudes, feelings, or emotions of another person and can recognize it as not their own; uses this psychic information to help and guide the other person; 2. a psychic who senses the feelings and emotions clinging to an area or an object (from past visitations); ability to recognize these vibrations for what they are and act accordingly. You may also get this as physical pain. Picking up and injury the person had or may still have or a future pain.

When you pick up a future pain it is important to get a sense of how long that warning will last for. e.g.; sometimes I pick up an ankle pain and I know the person needs to be careful where they are walking and I usually get a 3 week warning with these types of readings. You also want to make sure that you are not scaring the person into having these feelings. You want to language it in a way that lets them know that it does not have to happen. Just bringing awareness to it is usually enough.

Clairsentience - To perceive information by a "feeling within the whole body" without any outer stimuli related to this feeling or information. 1. a non thought bypasses the process of thinking by bringing through information one did not know before, logically think out, or reason with; an "inner" knowing that the psychic information is true or should be followed; happens spontaneously, is willed or unwilled; 2. Information comes from the superconscious mind, with or without help of the etheric world intelligences; 3. this is the only kind of psychism that is harmless in coming at any time to the psychic because it comes within the body, down the kundalini to the stomach area, and does not disturb the psychic nor take his attention away from what he is doing, as other types of psychic do.

To protect yourself you need to find which of the following speaks the most to you (I will go through these with you):

Roses
Redwood tree
light bubble
saran wrap
Salt over head
Amour
Marshmallow suit
Cutting cords/Platinum net

Relax, have fun, nurture yourself and love yourself unconditionally as you take this journey with me.

CLAIRVOYANCY - HOW WE SEE

Please note that all DEFINITIONS were taken from the book The Encyclopedic Psychic Dictionary by June G. Bletzer, PH.D

Clairvoyance - to see into an ethereal dimension without using psychical eyes; to reach into another vibrational frequency and visually perceive “within the head” or “in outer space” something significant to this incarnation; eyes opened or closed; 1. to see psychically a full-blown picture, part of a person or scene, an object, lights, words, colors, auras, geometrical figures, thought forms, deceased friends, living friends, animals, or etheric world intelligences, all with a message or purpose; visions are shown regarding the past, present, future, etheric realms, and in symbolic form to be interpreted by the psychic. 2. clairvoyance should be kept under control, perceiving only when desired; seeing a full-blown vision can take one’s attention away from the job at hand or startle one and disaster might follow; 3. more easily perceived when in an alpha state, in one’s sanctuary, after a meditation period, or during sleep; occurs from the subconscious mind or with the help of guides; 4. two main classifications: objective clairvoyance and subjective clairvoyance

Objective Clairvoyance - To psychically reach into another vibrational frequency with one’s psychic eye and perceive a vision at a point in “outer space”; physical eyes can be opened or closed as they are not used; appears as if one were watching a play, a still picture or moving energies; picture may be full blown and realistic or may flow in fragments to make the message complete; visions out in space vary from scenes, people, colors, lights, animals, words, auras, thought forms, geometric figures, discarnate entities, personal guides, psychic is relaxed or Alpha State of consciousness.

Subjective Clairvoyance - to reach into another vibrational frequency and see pictures “within the mind” without the use of the physical eyes, as opposed to seeing visions “in the atmosphere”; seeing on the back of the eyelids or on the back of the forehead; physical eyes closed or opened.

Clairvoyance-in-space - to psychically see a vision of what is happening at present beyond one’s line of physical sight; distance is no barrier; vision will not be symbolic but will actually be happening; willed or unwilled; eyes open or closed; within the head or out in space; easier to tune into if the desired space has an emotional tie; visions can be full-blown or in part.

Clairvoyance-in-time - to psychically see a vision of an event that has already happened or has not occurred yet; eyes may be open or closed; seen within the head or out in space; will not be in symbolic form but an actual activity.

Clairvoyant Dream - a psychic vision appearing between dreams during sleep, while in the lower Alpha and theta states; psychic visions during sleep are vivid, clear, full-blown, detailed, authentic to the time phase, and easily recalled and remembered.

Clairvoyant light - an etheric vibrational frequency of filmy white light, seen psychically over a person, a group of people, a section of a city, or a very large area, by a clairvoyant psychic; (not an aura); a type of mental psychism as it is perceived only by one person.

Alpha State of Consciousness - a brain wave frequency of approximately eight to fourteen cycles per second as registered on the brain rhythm scale used with the electroencephalograph instrument. 1. universal characteristics of humans that register this state: awake but not actively moving about; resting, relaxed, composed, meditative, approaching the hypnotic state, or becoming less alert to outer stimuli than normal; 2. an awareness of invisible, emotional reactions, psychic information, and inspirational thought; 3. to use the conscious, subconscious, and superconscious minds alternately, unintentionally shifting back and forth.

Auras - An invisible electromagnetic, intelligent energy field completely surrounding an entity, living and nonliving, functioning as a blueprint and battery for that entity; field gives direction to the entity to grow, mature, maintain its cell structure and die; 2. different frequencies emanate from every entity (or system) that blend with the magnetism in its proximity making its electromagnetic field; entity radiates out according to its rate of vibration and level of intelligence and awareness which constantly arranges and rearranges the blueprint and increases or decreases the battery energy. The electromagnetic field cannot exist without the entity and vice versa.

Aura Colors - Many colors and patterns perceived clairvoyantly around an individual reveal the state of evolution of the soul mind, health of the person, and the quality of the person's concepts.

Aura Reading - to psychically perceive emanations surrounding an object, living organism, or human being and understand its meaning in rapport with the thing it surrounds; human aura reading shows character, health and future events of individual; object reading is under study; emanations vary in color, pattern, size and density of light; colors perceived by clairvoyance.

Automatic Writing - to allow an etheric world intelligence to intervene in one's hand and arm and write on paper information that one had no way of knowing from formal education or life experiences; medium must have the proper body chemistry, know how to relax and keep the conscious mind neutral; medium holds pen in hand over the paper until the intelligence enters and moves the hand and pen/pencil; writing is swift, and frequently runs together as if the entity would lose control if he, or she picked the pen up from word to word; accomplished in trance state or an awareness state appearing that the medium was entirely conscious.

Automatic Art - is just like automatic writing, except that the unconscious mind produces nonverbal artistic expressions instead of writing. For material you will need whatever artists' supplies are necessary for the type of art you intend to produce.

Scrying - to perceive psychic visions on clear, shiny surfaces that relate to the masses or to individual questions; surfaces from clear crystal, clear water, polished mirrors, shiny black ink, or polished stainless steel are effective; Crystal Ball is most commonly used; material must be placed so the light strikes it at an angle; question is asked, then psychic stares at the crystal ball with a neutral mind; vision begins with a white cloud, which lifts to reveal a scene words, or a face; Psychic should be in an ALPHA STATE OF CONSCIOUSNESS; can be used for one's self or for answers for others. (I will explain this more in your assignments moving forward sheet)

All of the above definitions (except Automatic Art) are from the book "The Encyclopedic Psychic Dictionary" by June G. Bletzer, PH.D.

I haven't read many books or come across many psychics who tell you that Clairvoyancy can show itself to you in many ways...not only through your third eye but also in your everyday life.

How many times have you had a dream and noticed a symbol came to you that day or the next. Something you saw or a place you have been appeared in your dream and then there it was in your life while you are awake?

How many of you have seen numbers over and over again?

When I was studying a lot, I started to notice I'd be outside doing my regular routine and for some reason I just couldn't take my eyes off a particular sign or the leaf on a tree. If I wasn't conscious of all I had been studying and how my life had been changing, I would never have known that this was a form of clairvoyancy. I've never read about it any of the books I was using to study.

One day I was out walking and a morning dove swooped down to attack me, I ran. The next day it happened again. I don't take things like this for granted. I knew there was a message for me, and I better pay attention or get attacked by a bird.

Pay attention to what you notice when you are out. What are you seeing? Don't take it for granted. Notice if you can't take your eye off of something and then go look it up. Start building your symbolic library now. Only take meanings of things that resonate with you.

MAGIC SHEET A SOUL'S GAME OF CHANCE

Below are list of careers that usually come forward during readings for me. I want you to write each one on a separate piece of paper of equal size. Now fold them up the same way (I usually find folding them in 4 is the best method), put them in a bowl and mix them up.

After you mix them up, I want you to close your eyes and put your attention on your heart chakra. See the beautiful color Green in your heart chakra and a white star shaped light in the center of this chakra. Now ask this white shaped star the following question and pick a piece of paper out of the bowl.

What character trait do I need to possess to become closer to you and my life's work?

Artist
Writer
Healer/Life Coach/Doctor
Professional Speaker/Host
Work With Animals
Fashion or Interior Designer/Architect/
Actor
Dancer
Teacher
Professional
Music
Medium/Channeler
Nutritionist/Chef
Charitable Organizer
Universe's Decision for now

Once you pick a career from the list above, find someone you admire who works in that category and write down why. The person can either be deceased or living...go with the first one that comes to you. For example if I picked Professional Speaker/Host I may pick Oprah Winfrey as the person I admire. I would then write down...I like her because she follows her truth and doesn't seem concerned with what other people think. Make sure you have your blank paper and colored pencils or crayons with you before you go back to the MP3.

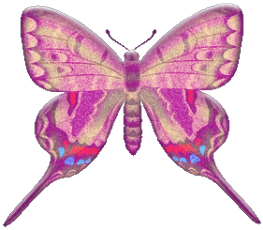
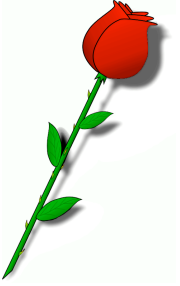
HOMEWORK FOR LESSON ONE

Take the 5 Character Traits you chose or pick 5 new ones and implement them into your life this week.

Remember to record your dreams tonight. Even if you only remember one symbol write it down and then look up the meaning.

At the end of the day, go through your events of the day and rate them on a scale from one to ten. (One being the most fun and ten being the least fun.)

MAGIC SHEET
SYMBOLIC PICTURES and THEIR MEANING
Write next to each picture the meaning that comes to you.



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HOMework FOR LESSON TWO

You are going to go to write a letter to your Guide before you go to bed. Write a letter asking them to start working with you. Tell them what you would love to learn from them. Be as specific as you want or as general as you want - there are no right and wrongs.

Pay attention to energy around you. Do you feel anything near you? Do you feel hot or cold air? Just become conscious to the energy that is around you.

Pay attention to repetitive symbols. Write them down and look them up. Did they offer you any clarity?

You are going to do a Soul's List. Write down 20 to 25 things each on an index card. The cards have to be the same color. Pick one a day and do the task. If after you do it, you no longer feel joy then throw it out and create a new one.

Remember to record your dreams.

MAGIC SHEET
THE MEANING OF NUMBERS

What do these numbers mean to you?

Number One _____

Number Two _____

Number Three _____

Number Four _____

Number Five _____

Number Six _____

Number Seven _____

Number Eight _____

Number Nine _____

Number Ten _____

HOMWORK FOR LESSON THREE

Do The Day in the Life Exercise Sheet

Take your Guide to different places and communicate with him or her. Ask them questions about your every day life.

Do the three steps that they gave you. If the steps are difficult, talk to your Guide and come up with three more steps.

Remember to work with any sub-personalities or feelings of shame or fear that come up around taking steps.

Get a tarot deck or another kind of deck. I like the Rider Waite Deck and Doreen Virtues Tarot deck.

Remember to record your dreams after a lesson.

Whatever you took from that room, find either the object itself or something that helps you to feel the way you felt in that room and put it on your soul's alter.

MAGIC SHEET A DAY IN THE LIFE

Before class you will need to do a DAY IN THE LIFE ASSIGNMENT. Some of you may have done this with me before in other classes but I need you to write a new one. We are doing something different with this exercise.

For the DAY IN THE LIFE EXERCISE you will meditate for a few minutes and picture yourself 15 years from now (if you are uncomfortable with that age...you may pick another time). You will see your future self on vacation (a place you haven't been to before) and you will write a day in her/his life while on that vacation. Be as descriptive as possible - adding people, smells, what it looks like, time of year and most of all talk about how you feel. You will write your future self's day from when he/she wakes up to when he/she goes to bed. Have fun, enjoy this exercise, don't stress about it because you can never do it wrong or right...it is perfect just the way it is.

MAGIC SHEET
THE ESSENCE OF MONEY

Close your eyes and imagine you have all the money in the world. What feelings would that give you? What Essences would exist in your life?

After you write the five essences, I want you to write the activity next to that essence that you can do right now that will embody the feeling that essence will give to you.

1. _____
2. _____
3. _____
4. _____
5. _____

MAGIC SHEET
DAY IN YOUR LIFE EXERCISE CONTINUED

You will use this exercise in lesson 4

For this exercise you will need to cut up paper in the same size and have 40 little pieces of paper. I know, tedious right? You are building your own tarot deck that you can go back to at another time.

Take out your day in life exercise and circle all the words that pop out at you. Then narrow it down and take at least 5 words and put each one on individual pieces of paper. Next to each word write the first thing that comes to you that that word means.

Now write down the following:

5 famous people that appeal to you and why

5 colors and what they mean. For example: Don't just say pink b/c it means love goes further

5 animals – You can write down why you picked that animal but it is not necessary.

5 insects – You can write down why you picked that insect but it is not necessary.

5 inspirational sayings

Write down 5 actions you can take period...not around any questions...just 5 action things that you like to do...they could be read a book for example.

Write down 5 questions that you have.

Put all the papers together except the questions. Pull 5 pieces of paper from the main pile. And pull one Question. Do not look at the question or the answers you pulled. Now shuffle the cards that you liked and pull one card. Don't look at it. Now turn the recording back on.

HOMEWORK FOR LESSON FOUR

Write an action step that carries each essence. Take one indicated step each day towards your joy and dreams.

Write a Day in the Life for 3 months from now. You can always go back and revisit the exercise that you did with the first Day in the Life and repeat that exercise. You can also sit in the spiritual place with this Higher Self and ask the same questions. Have fun.

Remember to take your Higher Self out with you and let him/her help you make decisions about clothes, food, etc....

Remember to have your vase or mirror or glass frame and paints with you for Lesson Five.

Record your dreams.

Please note there is no homework for Lesson Five

MAGIC SHEET
ACTIVE IMAGINATION WITH MONEY

Sit down with some paper and a pen without any distractions and get in touch with the part of you that is holding your relationship with money.

Write down, I'd like to get in touch with the part of me that is in a relationship to money now. Are you there? And wait until you hear a response.

Remember to let your imagination run – that is why this is called an Active Imagination.

Where is it living in your body?

When was this relationship first formed?

Who helped you form this relationship?

What beliefs does it hold?

Is it afraid?

What is it afraid of?

What does it believe it can do in this world right now?

Then ask it anything you want.

Have fun.